



WELLNESS OFFERINGS

rejuvenate your mind & body

Wellness at Korakia is woven into the rhythm of daily life — an invitation to slow down, reconnect, and restore. Here, silence, nature, and elemental rituals come together to create a deeply nourishing experience rooted in presence and well-being.

INCLUDED WELLNESS AMENITIES

As our guest, you'll enjoy a collection of complimentary wellness experiences designed to enhance your stay — from an intimate gym tucked away in the garden, to traditional Finnish saunas, ionized copper showers, bicycles, and curated experiences such as sound, meditation and movement.

slow down • reconnect • restore



WATER AS RITUAL

Water is at the heart of Korakia's wellness philosophy. Our heated saltwater pools are open 24 hours a day, offering a serene sanctuary for relaxation beneath the desert sky. Cold copper showers are near our saunas to encourage guests to embark on a journey of contrast therapy.



Rooted in ancient wellness traditions, and supported by the vortex energy of Palm Springs, the rituals of Sol Sanctuary are designed to be experienced individually or as a thoughtfully curated sequence. Each element invites the body to release, restore, and reconnect through the transformative power of heat, water, and intentional self-care.



Begin your journey in the dry sauna, allowing heat to detox and relax the body. Continue with a refreshing cold-water immersion, embracing the restorative benefits of contrast therapy — an ancient practice known to invigorate circulation, support muscle recovery, reduce inflammation, and awaken the body's natural vitality.

For a deeper ritual experience, guests may purchase our Purifying Ritual Kit, featuring traditional bathing essentials including beldi soap, a kessa mitt, and a nourishing argan “gold” elixir oil. Inspired by time-honored cleansing traditions in Morocco, this ritual begins with exfoliation to renew the skin, followed by rinsing and hydration to leave the body feeling refreshed, radiant, and restored.

When your ritual is complete, surrender to stillness beneath the palms — resting in the quiet energy of the desert landscape, where earth, sky, and the healing essence of Korakia converge.



sol sanctuary sauna ritual



HEAT

Dry sauna uses heat to detox and relax the body.



COLD WATER

Cold-water immersion is an ancient practice known to invigorate circulation, support muscle recovery, reduce inflammation, and awaken the body's natural vitality.

ENHANCE YOUR STAY

For the ultimate renewal, reserve a customized massage or our Purifying Ritual – a restorative experience inspired by traditional bathing practices. Many treatments may be enjoyed individually or as a couples experience.

massage treatments

KORAKIA SIGNATURE MASSAGE

Tailored to your needs and desired pressure to relieve tension, restore balance, or invite deep relaxation. Our intuitive therapists use organic, allergen-free hydrating oils, with curated essential oil blends available. Enjoy solo or with a partner.
60/90 min. • \$180/\$240 per person

YEMMAH — THE MOTHER

A nurturing treatment for mother and baby using organic oils and gentle essences of ylang-ylang and rose. Therapeutic touch helps nourish the skin, ease pregnancy discomfort, encourage circulation, and reduce feelings of swelling.
60 min. • \$180 per person

VIBRATIONAL SCALP TREATMENT

A deeply relaxing treatment using warm organic coconut oil infused with Reiki crystals to nourish the hair and scalp, complemented by aromatherapy, décolletage massage, and warm towels.
30 min. • \$75, alone or as an add-on

FOOT & LEG JOURNEY

A grounding essential-oil treatment using therapeutic pressure and point work to encourage circulation and lymphatic flow while soothing tired legs and feet.
30 min. • \$75, alone or as an add-on

enhancements

Hot stones, foot scrub, or hand scrub.
\$25 • No added time

wellbeing rituals

Ritualistic pauses designed to leave you feeling restored, grounded, and renewed.

ULTIMATE PURIFYING JOURNEY

KORAKIA'S HAMMAM-INSPIRED RITUAL

Rooted in ancient bathing traditions, this personalized healing journey moves between our tranquil Sol Sanctuary and Ritual Bath, with each element designed to purify, nourish, and restore body and mind.

Begin with **15 minutes of sauna heat** to encourage relaxation and prepare the skin, followed by a refreshing rinse. Continue with a rose-infused soak in our copper tub, then conclude with a restorative massage using nourishing argan “liquid gold” oil.

OPTIONAL SELF-GUIDED EXFOLIATION

Traditional Moroccan beldi black soap and a kesse mitt may be used in the garden to deeply cleanse and exfoliate the skin.

THE JOURNEY: Sauna + rinse • Optional exfoliation
• Rose copper soak • Argan oil massage

Designed to encourage circulation, cleanse and soften the skin, and leave you feeling deeply renewed. Hydrate well before and after your experience.
120 min. — \$400+ per person



wellbeing rituals

DESERT POULTICE

Mediterranean calendula flowers and wild desert chaparral leaves nourish, detoxify, and smooth the skin while evoking the scent of the desert after monsoon rain. Includes a full-body massage with intentional pressure to encourage circulation and absorption of the restorative botanicals.

90 min. • \$300

SOMATIC SOL BALANCING MASSAGE

A deeply restorative journey through the Soma (body), blending traditional massage, energy work, aromatic oils, and carefully selected crystals. This co-creative ritual of touch and intention encourages the release of physical and energetic tension, restoring a sense of balance, grounding, and connection.

120 min. • \$350 / No add-ons

habib albi — love of my heart

COUPLES JOURNEY

Begin together with a grounding foot soak in copper basins with rose petals, Turkish rosewater, and aromatic oils. Enjoy refreshments, a gentle herbal energy cleansing, and an oracle card reading before concluding with a signature couples massage.

90 min. • \$600 per couple

ELEVATE & STAY AWHILE

Upgrade your journey with a shared soak in our luxurious two-person copper bath in the Ritual Garden, champagne and local dates served bathside, followed by a full 90-minute couples signature massage.

120 min. • \$800 per couple



REIKI

Restore balance to mind, body, and spirit with our Master Reiki Practitioner using gentle hands-on or hands-above energy techniques designed to encourage relaxation and harmony.

60 min. • \$180

Extend your experience with aromatherapy, sound, and reflexology for a deeper sensory journey.

90 min. • \$240

yoga & healing sound

Private, personalized sessions guided by Korakia's highly trained intuitive practitioners, creating space to slow down, ground, and reconnect.

60 min. • \$180 / 90 min. — \$240

Includes 2 guests. +\$50 per additional guest, up to 5.

Inquire for groups of 6+.

YOGA

A gentle, grounding practice. Extend to 90 minutes for specialized curation that may include pranayama, Four Purifications breathing practices, mantra meditation, chakra meditation with sound, or divination readings.

MEDITATION SOUND BATH

Journey inward through therapeutic sound designed to calm the nervous system and encourage deep relaxation. Aqua Sound sessions—combining floating with therapeutic sound vibrations—may be available upon request. Extend to 90 minutes with Reiki, aromatherapy, reflexology, and an oracle card reading.

korakia private hike — indian canyons

Enjoy a moderate guided hike on a tranquil trail along the banks of Andreas Creek as your guide describes the ceremonies and legends of the Cahuilla people.

\$200 for groups smaller than 6