

Experience Relaxation

Heal the mind, body and spirit with a massage treatment from our professional therapists. Drink in the experience in our indoor/outdoor spa lodge or opt for an in-room visit. We offer Essence Maker Aromatherapy natural skin products, which are blended with exotic oils used by the ancient cultures of Egypt, Rome, Greece and India. Appointments may be booked through our front desk and require 24-hour notice for cancellation. Prices do not include gratuity



MASSAGE MENU

Reflexology - Gentle pressure is applied to select points to relieve stress, improve circulation and help balance the body.

Deep Tissue - A deep pressure massage that more than just relaxes, it also removes deep tissue build up.

Therapeutic - Utilizes a combination of different techniques to address your specific condition targeting pain, knots, including stretches and acupressure points.

Pregnancy Massage - A complex body massage, using specific pre-natal techniques to help relax, increase circulation, alleviate tired muscles and reduce water retention

50 minutes - \$95 80 minutes - \$150

Signature Massages

Eucalyptus Rock Massage Large hot stones steaming with Eucalyptus essential oil are placed along the back as your deep breathing assists in opening the body and balancing chakras. The smooth river stones glide over the body to provide grounding from the earth and deep vibrations of flowing water. \$150

Rain Drop - Utilizing the power of 9 pure essential oils sprinkled along the spine with a full body massage helps bring the body into structural and electrical alignment. The aroma of our organic oils helps to calm the nervous system allowing the spine to naturally align. A warm towel wrap completes this amazing treatment for total relaxation. \$175

Aloe Lavender Body Wrap- Be exfoliated, misted with lavender, and drenched in pure aloe vera. Your body is wrapped in essential oils, known to possess healing properties for your skin. The application of hydrating lavender lotion completes this treatment, rejuvenating the body and repairing damaged skin. \$150

Hot Bamboo Massage- Smooth bamboo shoots are soaked in essential oil imparting an aromatic element that revives the senses. The shoots are rolled back and forth along the body to work pressure point. The result is a banishment of the body's tension. \$150





Add on's 30 min \$55

Reflexology

Send healing to all parts of the body through your feet and hands.

Scalp Massage

Tap into the natural rhythms of the body, open up energy channels, and release tension.

Peppermint Foot Scrub Massage

Refreshing and Invigorating foot scrub with aromatherapy and reflexology.

Retreats

Korakia offers group retreats throughout the year and personal retreats upon availability. Please contact the hotel for more information. info@korakia.com

Yoga and Meditation

Yoga

Greet the Day with Sun Salutations on weekend mornings, compliments of Korakia. Surrender into the bliss of your breath and discover there is nowhere to get to, as you are already right here! Dive deep within as you stir your subconscious into full awareness of the beauty of the day. Centering, calming and illuminating, each class is adapted to the energy and experience. Please inquire with front desk for class time. Private sessions are available for \$75 an hour.

MEDITATION

Clear out the clutter and rediscover yourself through meditation at Korakia. Turn your focus inward while filling your senses with the serenity of the desert. Private sessions offered starting at \$75.



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